



# **SOUTH WEST HIGH SCHOOLS INTERSCHOOL ATHLETICS CARNIVAL**

Wednesday, 14 May 2025  
Bunbury Regional Athletics Track

**INITIAL INFORMATION**

# 2025 SOUTH-WEST HIGH SCHOOLS INTERSCHOOL ATHLETICS CARNIVAL

**Date:**

Wednesday 14 May 2025

**Venue:**

Bunbury Regional Athletics Track Hay Park, Bunbury.

**Participating Schools:**

Nominations are due Wednesday 30 April 2025

Nominations to be done via the school sport website

<https://www.schoolsportwa.com.au/interschool/country/south-west-region/overview/track-field/>

**Carnival Coordinator:**

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## REGULATIONS

**Events and Year Groups / Ages**

Events will be conducted in year groups. There will be an age cutoff for the year group. The age cutoff for the year group is 30<sup>th</sup> June. The following cutoffs will apply:

<b>Year Group</b>	<b>Age cutoffs</b>
Year 7	1 July 2012 – younger
Year 8	1 July 2011 – 30 June 2012
Year 9	1 July 2010 – 30 June 2011
Year 10	1 July 2009 – 30 June 2010
Open	Before 30 June 2009

Schools will compete for the following shields for A and B Grade:

Lower School Shield  
Upper School Shield  
Champion School  
Meritorious Shield

**Student Entry**

Schools will receive information on how to nominate their students and place them in their events before the end of Term 1.

## **CARNIVAL SET UP**

This year, we have changed the terminology to assist school as per the recommendation at the HOLAs meeting in March.

The Carnival will be split to an Division 1 and Division 2 with schools allocated to one of these divisions.

### **Division 1 schools**

Will be allocated to Heats A – E

Heat A will be for all individual events – the highest division.

Heats B to D will be the second, third and fourth division of the 100m only

Heat E will be for the Relay.

### **Division 2 schools**

Will be allocated to Heats F – J

Heat F will be for all individual events – the highest division

Heats G to I will be the second, third and fourth division of the 100m only.

Heat J will be for the Relay.

Hopefully this will ensure this is easier for you to allocate.

## **POINTS FOR EVENTS**

<b>DIVISION 1 SCORING</b>									
<b>HEAT</b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b>	<b>5<sup>th</sup></b>	<b>6<sup>th</sup></b>	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b>	<b>9<sup>th</sup></b>
Heat A	21	13	10	8	6	4	2	1	1
Heat B	13	10	8	6	5	4	3	2	1
Heat C	8	7	6	5	4	3	2	1	1
Heat D	4	3	2	1	1	1	1	1	1
Heat E (Relay)	34	21	13	10	8	6	4	2	1
<b>DIVISION 2 SCORING</b>									
<b>HEAT</b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b>	<b>5<sup>th</sup></b>	<b>6<sup>th</sup></b>	<b>7<sup>th</sup></b>	<b>8<sup>th</sup></b>	<b>9<sup>th</sup></b>
Heat F	21	13	10	8	6	4	2	1	1
Heat G	13	10	8	6	5	4	3	2	1
Heat H	8	7	6	5	4	3	2	1	1
Heat I	4	3	2	1	1	1	1	1	1
Heat J (Relay)	34	21	13	10	8	6	4	2	1

### **Year Group Champions:**

All events will count towards individual champion points.

### **Equipment:**

Each school is responsible for bringing its own requirements, eg starting blocks, relay batons, etc. Relay batons to be a standard 30 cm in length. Equipment should show the school's name on it.

Equipment for Throws will be provided by the Bunbury Little Athletics Club.

## **Throwing events**

In order to match up with Athletics West we have implemented the following weights for throwing events. The only difference to Athletics West recommendations is the Year Boys discus which will remain at 1kg.

<b>Year</b>	<b>Year 7</b>		<b>Year 8</b>		<b>Year 9</b>		<b>Year 10</b>		<b>Year 12</b>	
<b>Event</b>	<b>G</b>	<b>B</b>	<b>G</b>	<b>B</b>	<b>G</b>	<b>B</b>	<b>G</b>	<b>B</b>	<b>G</b>	<b>B</b>
<b>Shot</b>	3	3	3	3	3	4	3	4	3	5
<b>Discus</b>	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1.5kg
<b>Turbo</b>	400g	600g	500g	700g	500g	700g	500g	700g	500g	700g

## **Relays:**

No Competitor is permitted to enter in more than one relay event.

Members of a team other than the first runner may commence not more than 10 metres outside the change-over zone (10m). A distinctive mark will be made in each line to denote the runners' extended limit.

## **Events for Boys and Girls – Year 7,8,9,10 and Open:**

100m (4 heats), 200m, 400m, 800m, 1500m, High Jump, Long Jump, Triple Jump, Javelin, Shot Put, Discus, 4 x 100m Relay.

There is no restriction on the number of events for which an individual may enter, providing the events are in accord with the particular age group.

A student cannot participate in two age groups on the day, excepting if they go into a higher relay team if they aren't in the relay team in their age group.

## **Number of Competitors:**

Individual - For both divisions one (1) competitor per school in all events except for the 100m where 4 competitors are allowed.

Relays - one (1) team per age group.

## **Meritorious Shield**

The Meritorious Shield is calculated by:

**School's overall points / the TOTAL (years 7-12) school population.**