



**NEW IN 2025  
CHAMPIONS SCHOOL  
RELAY EVENT**

Get your school team together.  
For the first time in SSWA history...

**CHAMPIONS SCHOOL RELAY**  
5 x 1km

See [SSWA WEBSITE](#) for details.

**SCHOOL SPORT WA  
CHAMPION SCHOOLS  
SECONDARY CROSS COUNTRY**

Thursday 29 May 2025  
YOKINE RESERVE, YOKINE





A background image showing several female runners in athletic gear (sleeveless shirts and shorts) running on a grassy field. The image is semi-transparent, allowing the text to be overlaid. The runners are in various stages of their stride, and their shadows are cast on the grass. One runner in the foreground is wearing a green shirt and purple shorts, while others behind her are in blue and yellow striped shirts and dark shorts. The overall scene is bright and sunny.

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## 1. ACKNOWLEDGEMENTS

School Sport WA would like to thank the following people and organisations for their assistance in the presentation of this event:

**SSWA Sport Coordinator and the Cross Country Committee  
Participating Schools and Competitors  
Course Officials and Marshalls**

## 2. INTRODUCTION

The All Schools Cross Country Championship will be held at Yokine Reserve in 2025. The course will start and finish on the eastern side of the clubrooms in front of the spectator viewing area. Course descriptions and maps are included in this booklet.

## 3. CARNIVAL PROCEDURES

### BACKGROUND

This booklet is designed to acquaint schools with administrative and logistical information pertinent to the conduct of a safe and efficient Cross Country Championship. School Administrators are requested to read this information and ensure all participating schools commitments are honoured, and that all student competitors are aware of Championship procedures.

#### 1. START TIME

The Program will begin at **9:10am**. If schools need to travel over a distance, then there needs to be some provision for the early arrival of student officials and participants to allow for events to begin on time.

#### 2. PARKING

**Bus parking** will only be permitted on the third level of the car-park located on the western side of the park (behind the Rugby Clubrooms). Bus drop off and pick up will be through the car-park (level one and two).

Cars may park in the parking area located on the eastern side (behind soccer clubrooms) and along grassed verges around the park. It is important that all vehicles are parked in the appropriate areas so as not to interfere with the race course. **Please walk around the road to approach the event - do not cross any of the sporting fields at any point. This applies to both competitors and spectators.**

#### 3. REGISTRATION

SSWA will use **race bibs with timing chips for all runners**. Competitor Start Lists will be available on the SSWA website ([www.schoolsportwa.com.au](http://www.schoolsportwa.com.au)) from 4.00pm **Tuesday 27<sup>th</sup> May**. Competitor Race Numbers will be advertised on the windows of the Rugby Clubroom on the day of competition.

#### 4. EVENT TIMING

All runners will be issued with a race bib containing a timing chip for the event. These race bibs will need to be collected at the start of the day from the Registration Desk at the Rugby Clubrooms. Race numbers will be allocated and published on the SSWA website prior to the event.

**Note: REGISTRATIONS CLOSE ON FRIDAY 23<sup>RD</sup> MAY AT 4.00PM.**

Schools can make minor changes to runner names on the day but they will need to be completed prior to the start of the first race of the day [9.10am].

#### 5. DISTRIBUTION AND COLLECTION OF TIMING CHIPS

Schools will need to collect race bibs before 9.15am and issue to the correct runners. Individuals can collect race bibs up to 40 minutes prior to their race. **Race Bibs do not need to be returned**

Note: **Race Bibs will need to be pinned on the front of the runner's shirt. These will need to be visible at the conclusion of the race as a video camera is being used as a backup of the finish. Please supply your own 4 safety pins for each race bib.**

#### 6. PAYMENT

Schools and individual entrants are encouraged to pay prior to the event via the [PAY HERE](#) button on the SSWA website. Schools that do not pay in advance will be issued with a tax invoice. Tax invoices will be based on the number of students submitted prior, to receive a RACE BIB, not the number of students who attended on the day. Individual entrants who pay on the day, at the registration table will be charged \$12. Race Bibs with Timing Chips will be issued at this time. No Race Bibs need to be returned.

#### 7. SUPERVISION



Facility use and supervision are synonymous. To ensure high standards are maintained we request schools accept responsibility for supervising the behaviour of their own students on the day. It is a requirement that staff monitor toilets and surrounding areas.

#### 8. **SCHOOL OFFICIALS**

Please note schools **WILL NOT** have to provide officials in 2024 as we are very fortunate to have SEDA students assisting with the conduct of the event.

#### 9. **FIRST AID**

St Johns Ambulance personnel will attend the event. All schools are requested to provide their own basic First Aid Kit and ice pack for injuries of a less serious nature.

We will also have a qualified Sports Trainer to deal with initial responses out on the course.

**Note:** *Schools are requested to actively assist at the finish area and look after their students. St Johns Ambulance personnel can then be freed up to deal with serious injuries on the day.*

#### 10. **RACE RULES**

- Races will start at the scheduled race time.
- The central coordinating point will be the SCHOOL SPORT WA FLAGS AND TENT on the edge of the fields.
- Administration/Registration will occur in an area located near the Rugby clubroom.
- All races will be run in an clockwise direction around the course.
- Courses will be pegged with running tape on both sides.
- Races will start on the grassed area on Yokine Regional Open Space, in front of the Rugby clubroom.
- Competitors will run on the grassed reserve in and around the complex.
- Marshals will be stationed around the course, dressed with SSWA fluorescent vests, directing runners throughout the event.

#### **ALL NEW CHAMPIONS SCHOOL RELAY**

- **Teams must consist of only students who are full time attendees of the nominated school.**
- **Please submit names and birthdates of runners in the template when submitting teams.**
- **Teams must run in the below order ie. youngest to oldest.**
- **Teams will be issued a baton which must be passed from runner to runner (can't be thrown).**
- **The 1km course will be clearly marked (see map)**
- **Teams will not be permitted to interfere with other teams in any way.**
- **A male and female event will be held separately.**
- **Teams are to consist of 5 runners, one of each of the following:**
  - **12 – 13 years – born either 2012 or 2013**
  - **14years – born 2011**
  - **15years – born 2010**
  - **16years – born 2009**
  - **17yrs + born either 2008, 2007**

#### 11. **GENERAL**

All competitors are required to wear school team uniform. Competitors are also required to wear shoes Spikes are permitted for students aged 13 and older. There are some uneven surfaces with sticks, mulch, concrete and sand so runners must choose appropriate footwear. Runners should be prepared for all kinds of weather. Competitors are also advised to bring drinks and food. Food vendors will be present will be available on the day.

Occupational Safety and Risk Management Guidelines require that for an event of this nature each student must have their own water supply. School Sport WA highly recommends that all students bring their own water bottle and have it at a place near the finish line.

It is the responsibility of the schools/individuals to train and prepare students for this event. SSWA does not take responsibility for students who suffer as a result of lack of preparation or students overexerting themselves and not being adequately prepared for the arduous distances they endure. SSWA reserves the right to retire runners during the race if they are not on target to finish during the allocated race time.

**SCHOOLS SHOULD ALSO NOTE THAT THERE IS LIMITED WEATHER PROTECTION AT THE VENUE SO SCHOOLS ARE ENCOURAGED TO BRING ADEQUATE SHELTER (TENTS) FOR THEIR TEAM.**



**12. FINISHING PROCEDURE**

ALL runners will be encouraged to return to their school tents immediately after crossing the finish line. Should the finish line officials deem a student to be in need of medical attention, he/she will be assisted to the St John's First Aid tent, where he/she can be collected by an official from the school once the St John's medical team deem he/she can be released back to the school.

SSWA officials will also detain the top 15 finishers, immediately after each event, in the adjacent SSWA tent to present details to them regarding State Team selection (see below).

**13. AWARDS**

Awards for teams are Overall Champion School, Champion School (Boys) and Champion School (Girls). There will also be an award for the champion boys' and girls' teams for each age group. The top three placegetters in each race will receive a medal. **Individual presentations will be done after each race, so placegetters should remain in the vicinity of the finish area until the completion of their presentation.**

**Race times will be listed on the SSWA website.**

**14. TEAMS**

The first 3 students to complete the race in each category will constitute the team for that school. To qualify for the title of Overall Champion School, teams must be entered in all age categories, male and female. Individual athletes may be entered if a team cannot be formed.

If schools do not have three finishers in an age group, the school will be awarded maximum points for each runner missing to a maximum of three runners.

NB. A team must have at least one finisher for the school to be awarded points for runners two and three.

**15. SCORING**

Timing Chips and if needed, Judges, will determine the finishing order of all competitors. Place points will then be allocated to each finisher and added together. The team with the lowest aggregate will be declared the winner. In the event of a tie, the result will be resolved in favour of the team whose last scoring member finishes nearest to first place.

**16. RESULTS**

A full list of results will be posted on the School Sport WA website on [www.schoolsportwa.com.au](http://www.schoolsportwa.com.au).

**17. STATE TEAM SELECTION**

Teachers please inform students in your school teams that if they wish to be considered for state team selection they should nominate on the Cross Country Interstate Team Nomination page at <http://www.schoolsportwa.com.au/interstate/cross-country/> prior to competing on the day.

Immediately after each event, the first 15 runners across the line will be taken to the SSWA tent and presented with state team options.

Placegetters from each age division (as follows) will be offered state team positions.

13s 1 <sup>st</sup> – 6 <sup>th</sup>	14s 1 <sup>st</sup> – 5 <sup>th</sup>	15s 1 <sup>st</sup> – 5 <sup>th</sup>
16s 1 <sup>st</sup> – 5 <sup>th</sup>	17s 1 <sup>st</sup> – 5 <sup>th</sup>	18/19s 1 <sup>st</sup> – 4 <sup>th</sup>

**Please be aware the Year 7 students who are turning 12 will race in a 12s ONLY event, but this event is NOT a state team trial race.**

For full rules and guidelines regarding the Interstate selection policy, please visit the SSWA website.

**18. FURTHER INFORMATION**

If you have further questions, please contact Leigh Willison at School Sport WA (6318 5712) or Email [leigh.willison@education.wa.edu.au](mailto:leigh.willison@education.wa.edu.au) .



## 4. PROGRAM OF EVENTS

Events will start at the scheduled time. Competitors must be marshalled in the correct area once announced.

RACE	MARSHAL	START LINE	START	AGE GROUP	DISTANCE
1	9.15	9.20	9:30	Girls 12 Years	3000m
2	9.30	9.40	9:50	Boys 12 Years	3000m
3	9.50	10.00	10:10	Girls 13 Years	3000m
4	10.10	10.20	10:30	Boys 13 Years	3000m
5	10.30	10.40	10.50	Boys 16 Yrs & 17 Yrs & Over	6000m
6	11.00	11.10	11:20	Girls 14 Years	4000m
7	11.25	11.35	11:45	Boys 14 Years	4000m
8	11.50	12.00	12:10	Girls 15 Years	4000m
9	12.15	12.25	12:35	Boys 15 Years	4000m
10	12.35	12.45	12:55	Girls 16 Yrs & 17 Yrs & Over	4000m
11	12.50	1.05	1:15	CHAMPIONS SCHOOL RELAY - BOYS	5X1000m
12	1.10	1.25	1.35	CHAMPIONS SCHOOL RELAY - GIRLS	5X1000m
<b>Championship Presentations (approx 2.00pm)</b> <b>Event Concludes 2.15pm</b> <b>We encourage schools to PLEASE stay at the venue for PRESENTATIONS.</b>					

Ages

\*\*Competitors age is as of 31st December – not year levels (see below)\*\*

Born in	Compete in 2024
2013	12 years
2012	13 years
2011	14 years
2010	15 years
2009	16 years
2008	17 years

## 5. OFFICIALS

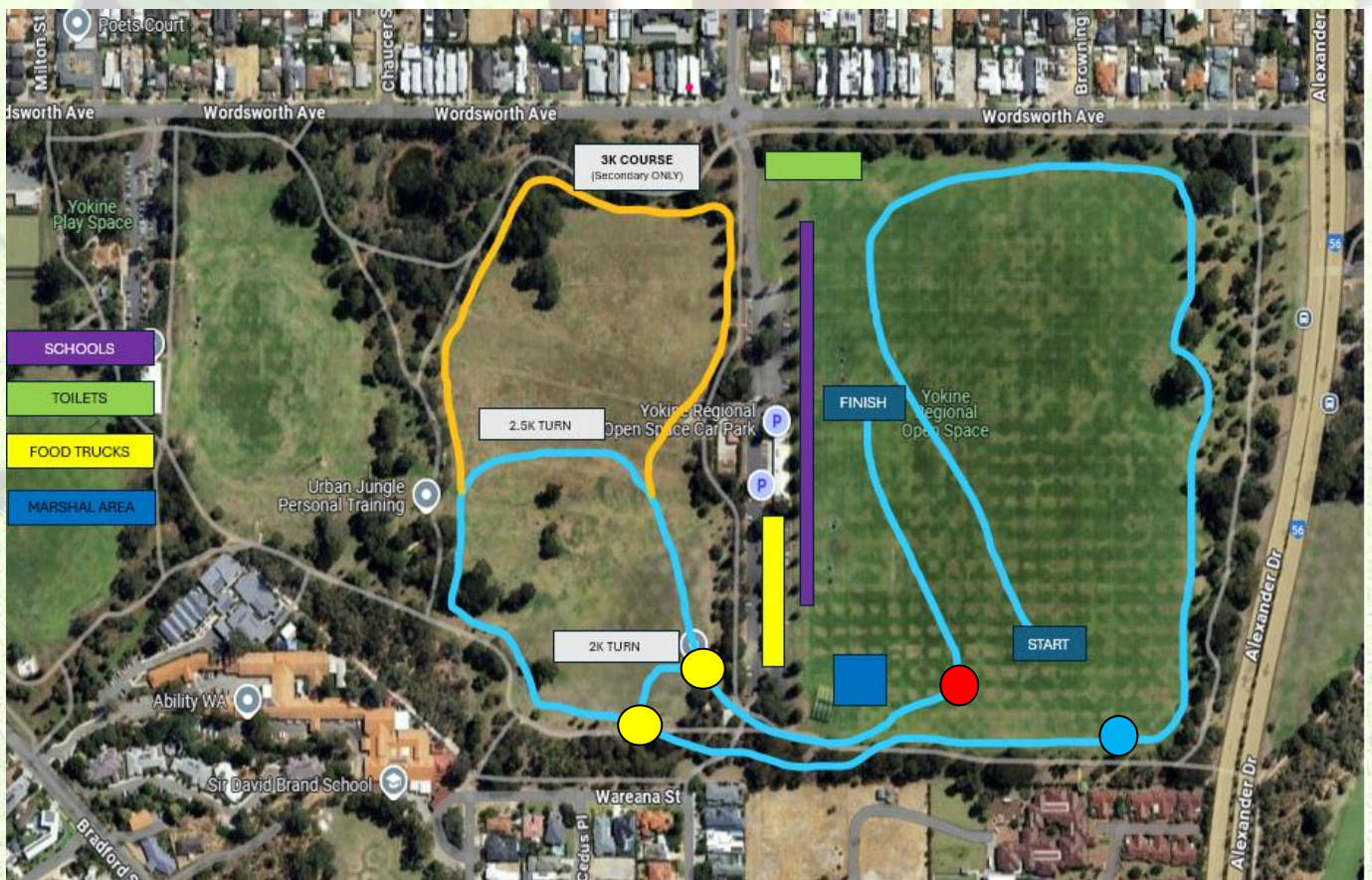
<b>Championship Directors</b>	Alex McLennan, Kurt Pomeroy
<b>Course set up</b>	Alex McLennan, Kurt Pomeroy, Peter Della Vedova, Mark Howard, Glen Batten, Brian Holmes, Leigh Willison
<b>Starter Starters Marshal</b>	Brian Homes Rolanda Geneff
<b>Finish Line</b>	Murray Farr Peter Rickers, Jill Rickers
<b>Gate 1 Gate 2 Gate 3</b>	Graham Johnson Graeme Hadley Glen Batten
<b>Blue Chip Timing</b>	Stuart Fuller
<b>Registration Desk</b>	Emma Russell Jess Rolfe (until approx.9.45am Announcer Ass.) Rolanda Geneff (until approx. 10am then Starters Marshal) Lorraine Feddema (until 9.00am then Triage) Jill Rickers (until 9.00am then Finish Line)



<b>State Team Officials</b>	Sasha Pomeroy Leigh Willison
<b>Announcer Announcer Assistant</b>	Rob Goyen Jess Rolfe (Presentations only)
<b>Bikes</b>	Peter Della-Vedova - <b>front</b> Mark Howard - <b>back</b>
<b>Course Marshals</b>	SEDA Students
<b>Marshalling Coordination</b>	Kurt Pomeroy
<b>Triage</b>	Garry Burnett (on course) with SSWA vehicle Lorraine Feddema
<b>Photographer (Presentations)</b>	Cam Pollock

## 6. COURSE MAPS

[Please note that maps are intended as a rough guide only and may be changed prior to or on the day.]



The ABOVE course map caters for all distances

**3km** Start and follow the blue course. Continue past the 2km turn and the 2.5km turn, following the orange course, looping around and reconnecting back on to the blue course, returning into the main arena.



**4km Start and follow the blue course. Make a right hand turn at the 2km turn, returning into the main arena. The course will have you joining back onto the start zone for a second lap. X2 LAPS**

**6km X2 LAPS of the 3km course**

- GATE 1 will direct runners RIGHT for both relay events only. For all other races throughout the day, runners will be directed straight through.**
- GATE 2 will direct runners RIGHT for all 4km races OR straight through for all 3km and 6km races**
- GATE 3 will direct runners LEFT for all finishes OR straight through for LAP 2**

**Please disregard the 2.5km turn. This will be used at the primary school event only and will be removed for the secondary event.**

#### **Finishing Procedure**

Competitors will run through the arch at the finish line and their timing chip in their bib will be automatically read and recorded. The first 10 competitors will be taken to a tent and issued with an letter of offer regarding the WA State Team, before leaving the area. All other runners will continue on and leave the finishing area, taking care not to interfere with the finish of other competitors.

Parents, teachers and spectators will not be permitted inside the chute, however a First Aid officials, and other officials will be there in the event of injury, or for distressed students. School officials will be called if needed to collect or support injured and distressed students.

## **7. PARKING**

City of Stirling parking laws strictly forbid street parking along roads and verges around Yokine Reserve.

Please DO NOT enter car parks to drop off. All drop offs to be outside of the venue.

Schools are requested to follow the parking plan as stipulated by the City of Stirling.

Please ensure the parking plan is provided to:

- all bus drivers/companies
- parents are also advised
- any other school staff who may be attending throughout the day ie. school leaders.

#### **Large and small buses**

Be advised there is NO PARKING for buses at the venue. All buses to be drop off ONLY.

#### **Cars**

Cars are advised to park in one of the designated car parks (marked '**CP**' on the map below).

#### **Bus Drop Off:**

Buses have two drop off options (see '**BDO**' on the map below):

1. Drop off at the Western end of WORDSWORTH AVE. Schools then walk across the ovals.
2. Drop off on WAREANA ST. Head East along Bradford, left into Glick, right into Wareana.

**BUSES – PLEASE DO NOT DROP OFF ON ALEXANDER DRIVE.**



**Bus Pick Up:**

Buses picking up students are to use Wordsworth Ave (as far East as possible)

**YOKINE RESERVE** map indicating bus and car parking areas below:

